

RICE WITH PARMESAN CHEESE

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
187 cal	32 g	5 g	4 g	4 mg	329 mg	95 mg

Ingredient

RICE, LONG GRAIN
 WATER, COLD
 SALT
 OIL, SALAD
 MARGARINE, MELTED
 CHEESE, PARMESAN, GRATED

Weight

8-1/2 lbs
 23 lbs
 1-7/8 oz
 1-1/2 oz
 8 oz
 1-1/8 lbs

Measure

1 gal 1-1/4 qts
 2 gal 3 qts
 3 tbsp
 3 tbsp
 1 cup
 1 qts 1 cup

Issue

Method

- 1 Combine rice, water, salt, and salad oil; bring to a boil. Stir occasionally.
- 2 Cover tightly; simmer 20 to 25 minutes. DO NOT STIR.
- 3 Remove from heat; transfer to shallow serving pans. Add melted butter to rice. Mix well to coat rice. Add grated Parmesan cheese. Toss well. CCP: Hold for service at 140 F. or higher.