

CEREALS AND PASTA PRODUCTS No.E 003 00
BUTTERED HOMINY

Yield 100

Portion 1/3 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
86 cal	12 g	1 g	4 g	7 mg	208 mg	10 mg

Ingredient

HOMINY,WHOLE,CANNED
 PEPPER,BLACK,GROUND
 BUTTER
 PARSLEY,FRESH,BUNCH,CHOPPED

Weight

18-7/8 lbs
 1/8 oz
 12 oz
 1 oz

Measure

3 gal 1 qts
 1/3 tsp
 1-1/2 cup
 1/2 cup

Issue

1-1/8 oz

Method

- 1 Drain hominy. Reserve 1 quart liquid.
- 2 Add pepper and reserved liquid to drained hominy in pan; heat slowly for 20 minutes.
- 3 Add butter or margarine.
- 4 Garnish with parsley or 2 tbsp paprika.