

HUSH PUPPIES (CORN BREAD MIX)

Yield 100

Portion 3 Pieces

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|-----------------|----------------------|----------------|------------|--------------------|---------------|----------------|
| 257 cal | 36 g | 4 g | 11 g | 1 mg | 567 mg | 31 mg |

Ingredient

CORN BREAD MIX
ONIONS,FRESH,CHOPPED
PEPPER,BLACK,GROUND

Weight

11-1/4 lbs
2-1/8 lbs
1/3 oz

Measure

2 gal 1/3 qts
1 qts 2 cup
1 tbsp

Issue

2-1/3 lbs

Method

- 1 Prepare mix according to instructions on container. Add finely chopped onions and black or white pepper.
- 2 Drop batter by rounded tablespoon into deep fat, at around 360 F.; fry about 3 minutes. Drain on absorbent paper.